

# April

2019

[www.lynxwell.no](http://www.lynxwell.no)

March						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

May						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	2	3	4	5	6	7
	08:30-10:30 EGEN PRAKSIS/ MYSORE	09:00-10:15 YIN YOGA . 18:00-19:15 HATHA YOGA	10:00-11:00 SENIOR YOGA/ FITNESS	09:00-10:15 ASHTANGA YOGA 1		
8	9	10	11	12	13	14
	08:30-10:30 EGEN PRAKSIS/ MYSORE	09:00-10:15 YIN YOGA . 18:00-19:15 HATHA YOGA	10:00-11:00 SENIOR YOGA/ FITNESS	09:00-10:15 ASHTANGA YOGA 1		
15	16	17	18	19	20	21
	08:30-10:30 EGEN PRAKSIS/ MYSORE	09:00-10:15 YIN YOGA . 18:00-19:15 HATHA YOGA	Påskeferie	Påskeferie	09:00-10:15 Ashtanga Yoga Level 1 med Rebecca	Påskeferie
22	23	24	25	26	27	28
	08:30-10:30 EGEN PRAKSIS/ MYSORE	09:00-10:15 YIN YOGA . 18:00-19:15 HATHA YOGA	10:00-11:00 SENIOR YOGA/ FITNESS	09:00-10:15 ASHTANGA YOGA 1		
29	30	1	2	3	4	5
	08:30-10:30 EGEN PRAKSIS/ MYSORE					
6	7	8	9	10	11	12